



Why Doesn't It Fit?! A Sewing Checklist

1. Did you take your measurements at the beginning of the project?

2. Did you choose the right size?

- **Take your measurements** and write them down.
- Look at the **Body Measurements Chart**, and circle where your bust, waist and hip lie.
- Look at the **Finished Garment Measurements Chart**. This shows you how big the garment will be. Compare where you fall on the Body Chart and the Finished Chart. Does the size of the garment make sense to you based on your body size?

Once you've identified the bust, waist and hip sizes you need to make, you can then either make that straight size if you're lucky enough to be in one, or you can grade between sizes. [Here's how to do that.](#)

3. Are you the same height and cup size the pattern is designed for?

- If your bust size is different, you may need to do a Full Bust or Small Bust Adjustment
- If you're a different height, you may need to lengthen or shorten the pattern

4. Did you print and/or cut out the right size?

- Check your PDF printing, and that you traced the right lines for your size

5. Did you use the right kind of fabric?

- Is it designed for non-stretch wovens, stretch wovens or knits?

6. Are the style lines in the right place?

- Check shoulder seam, neckline, bust darts/seams, waistline

6. Where is it too big or too small? Where is it gaping or pulling?